

Predictive anticipatory activity: How do biological systems pre-respond to future events?

Julia Mossbridge, PhD

Behind and Beyond the Brain: The Mystery of Time

13th Symposium of the Bial Foundation

April 8, 2022



Precognition (Precog/Presentiment):

Cognition, perception, behavior, or physiology that reliably predicts future events that are not otherwise predictable by:

1. direct cause
2. conscious inference
3. unconscious inference

conscious of content

precognitive remote viewing
(minutes to years)

precognitive dreaming
(minutes to months)

short lead time

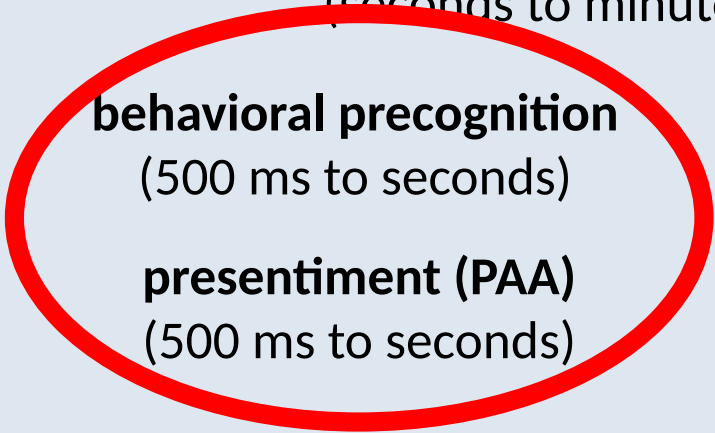
compulsive precognition
(seconds to minutes)

long lead time

behavioral precognition
(500 ms to seconds)

presentiment (PAA)
(500 ms to seconds)

unconscious of content



conscious of content

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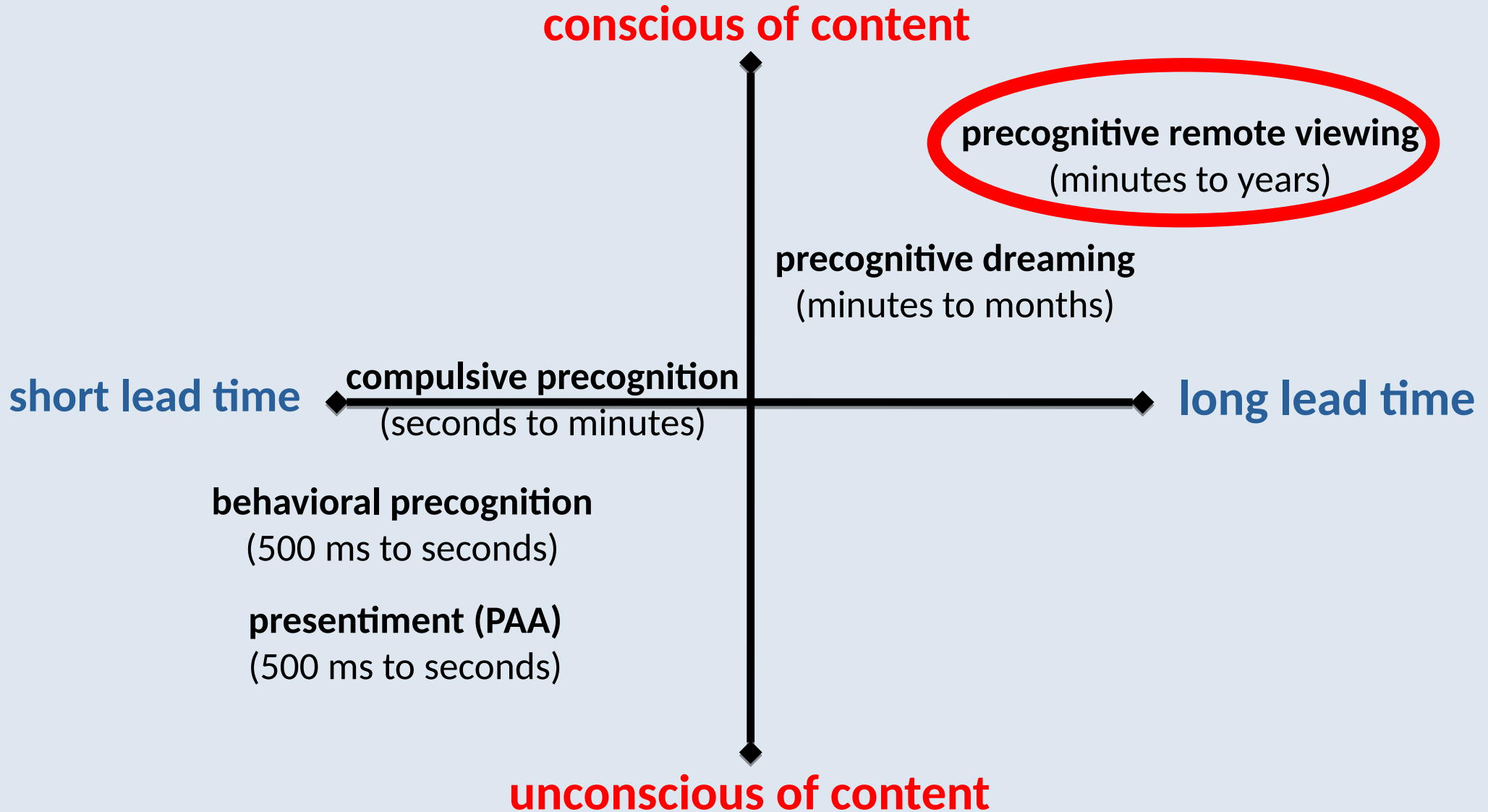
short lead time

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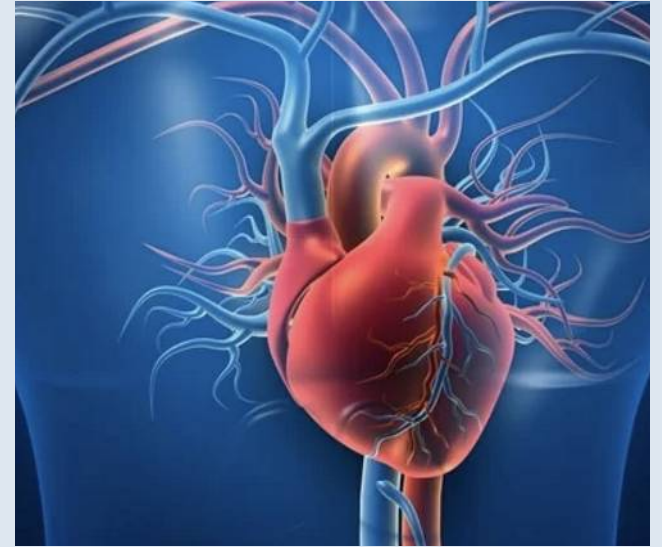
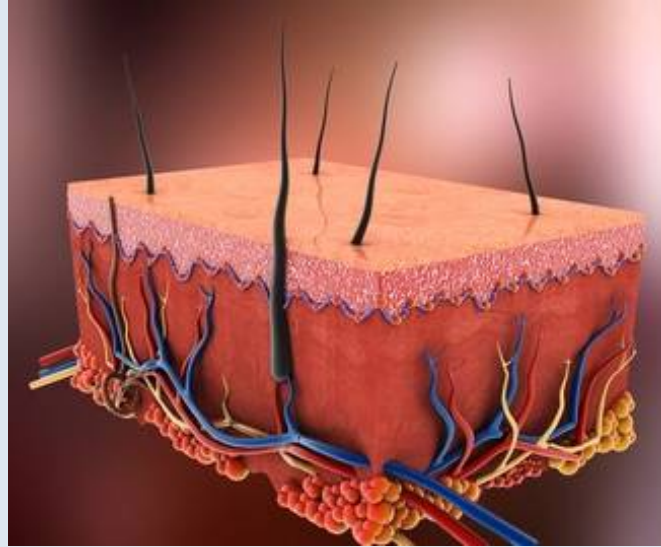
unconscious of content



How to do a precognition experiment

1. Record data for a period of time.
2. Randomly select an event.
3. Ask: Did the data you recorded in 1 predict the event in 2?

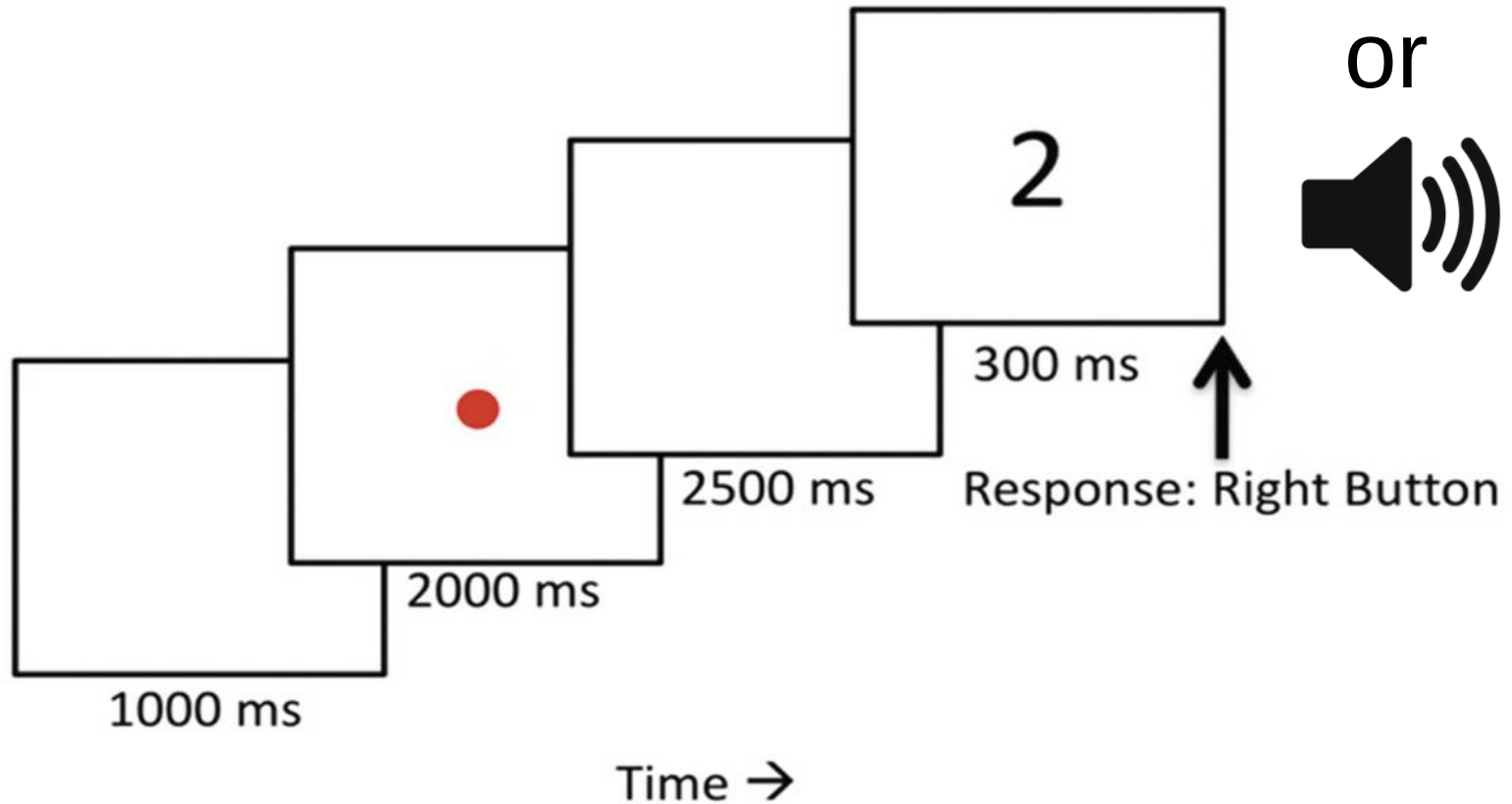
Human presentiment

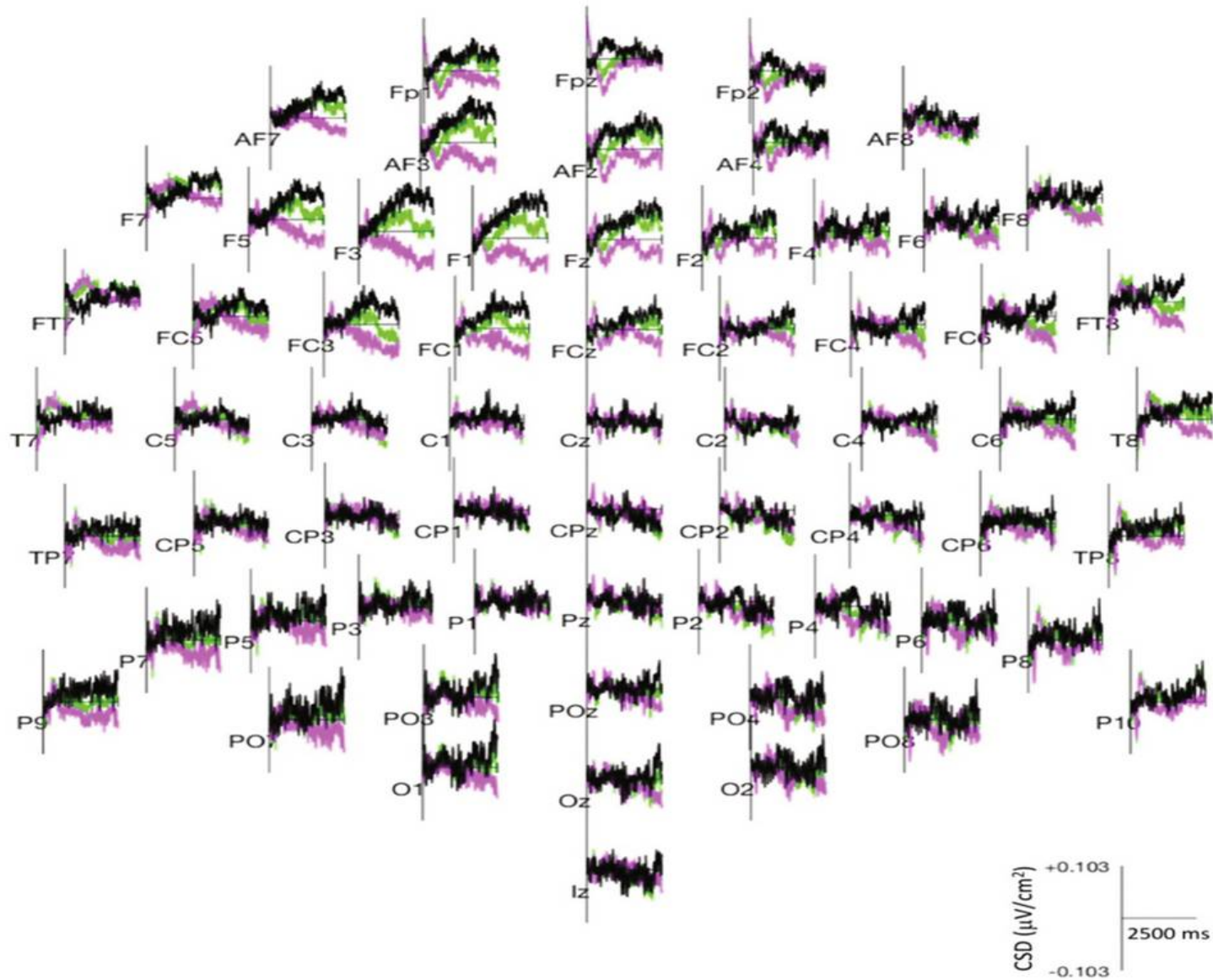


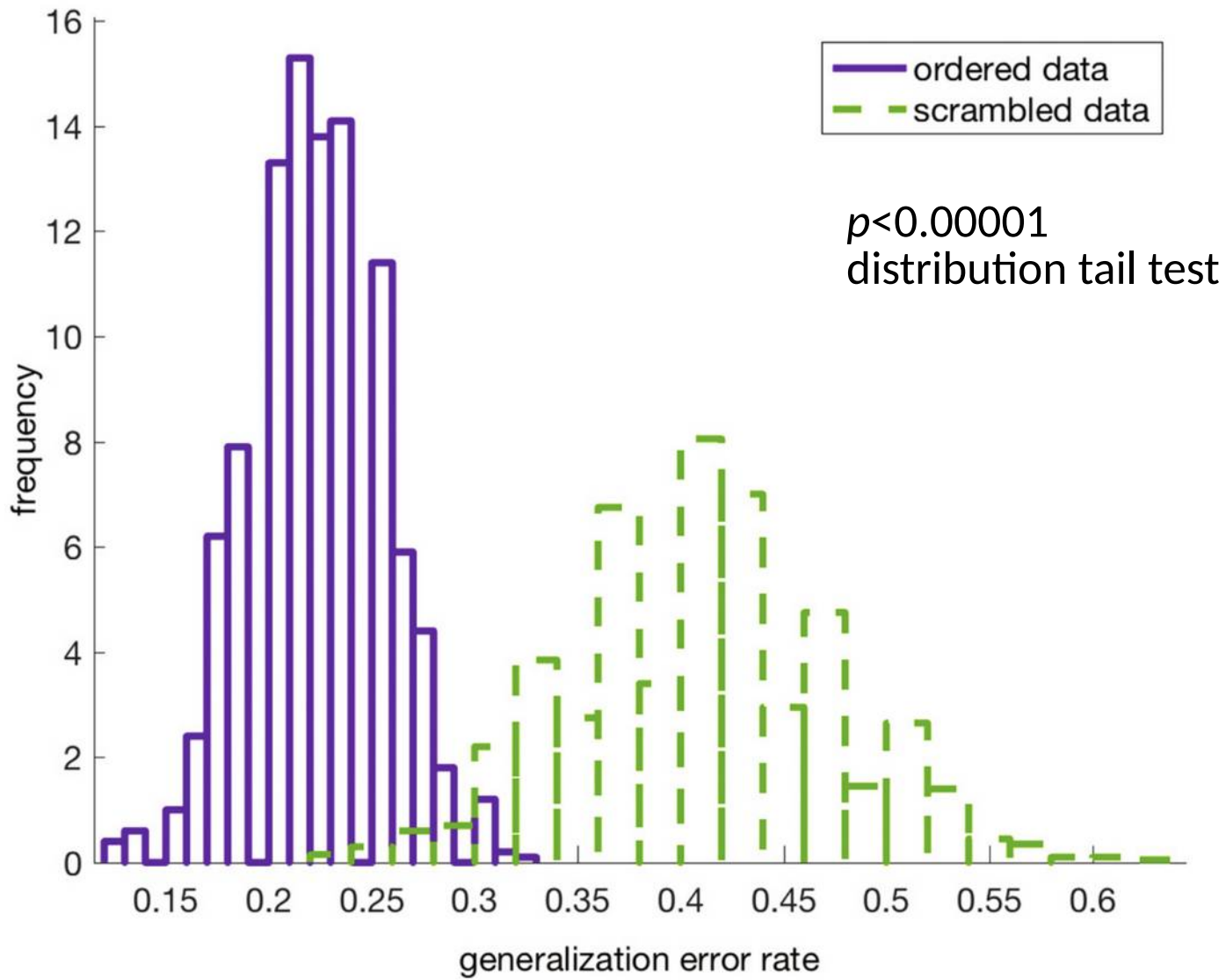
Human presentiment



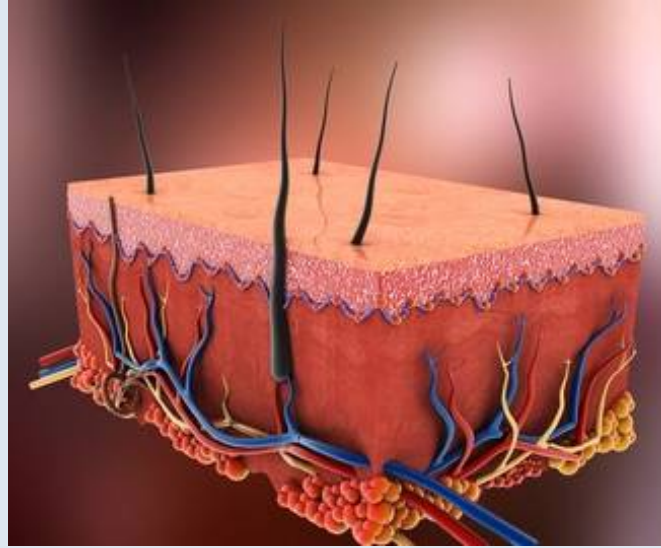
Human presentiment







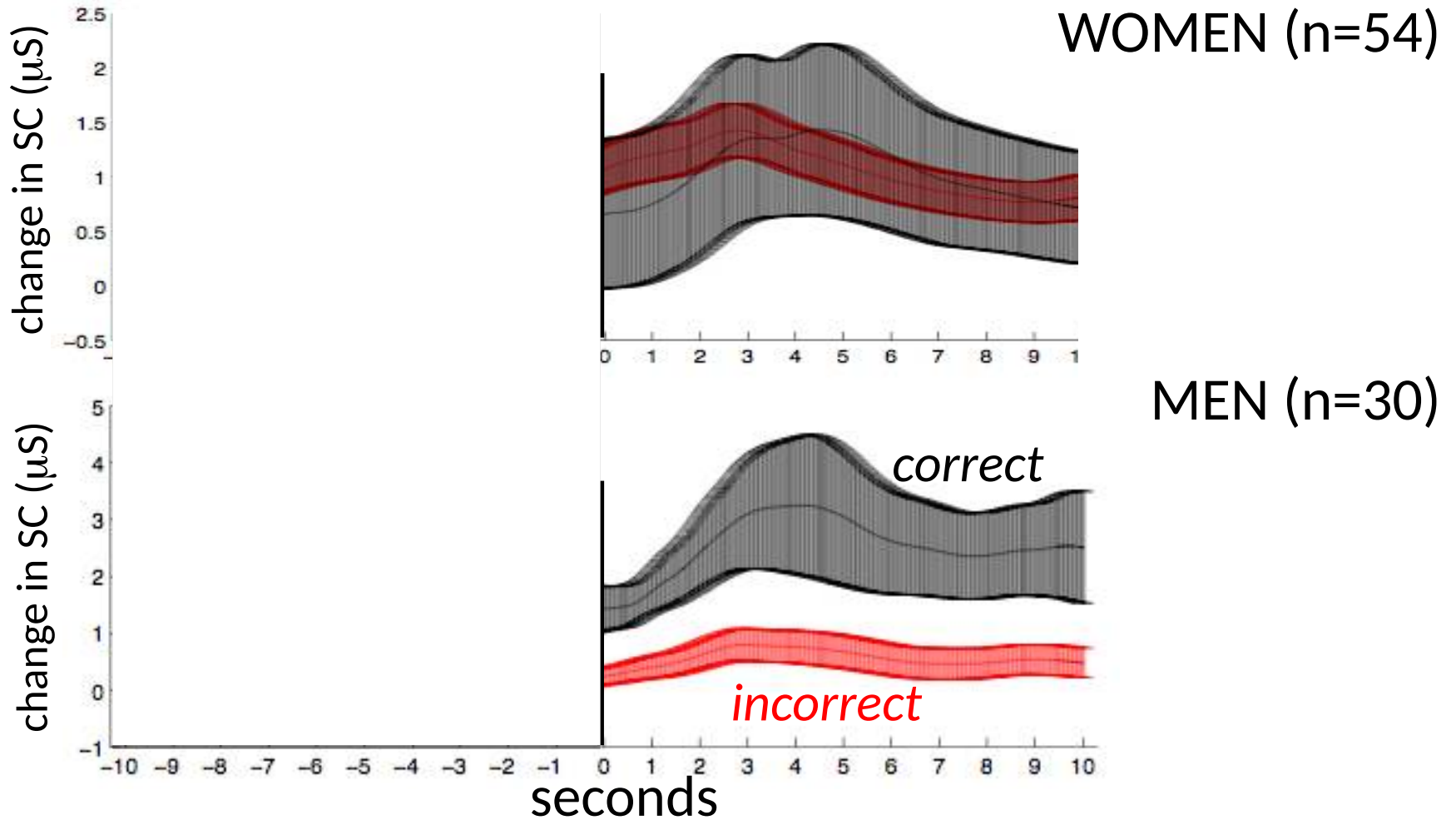
Human presentiment



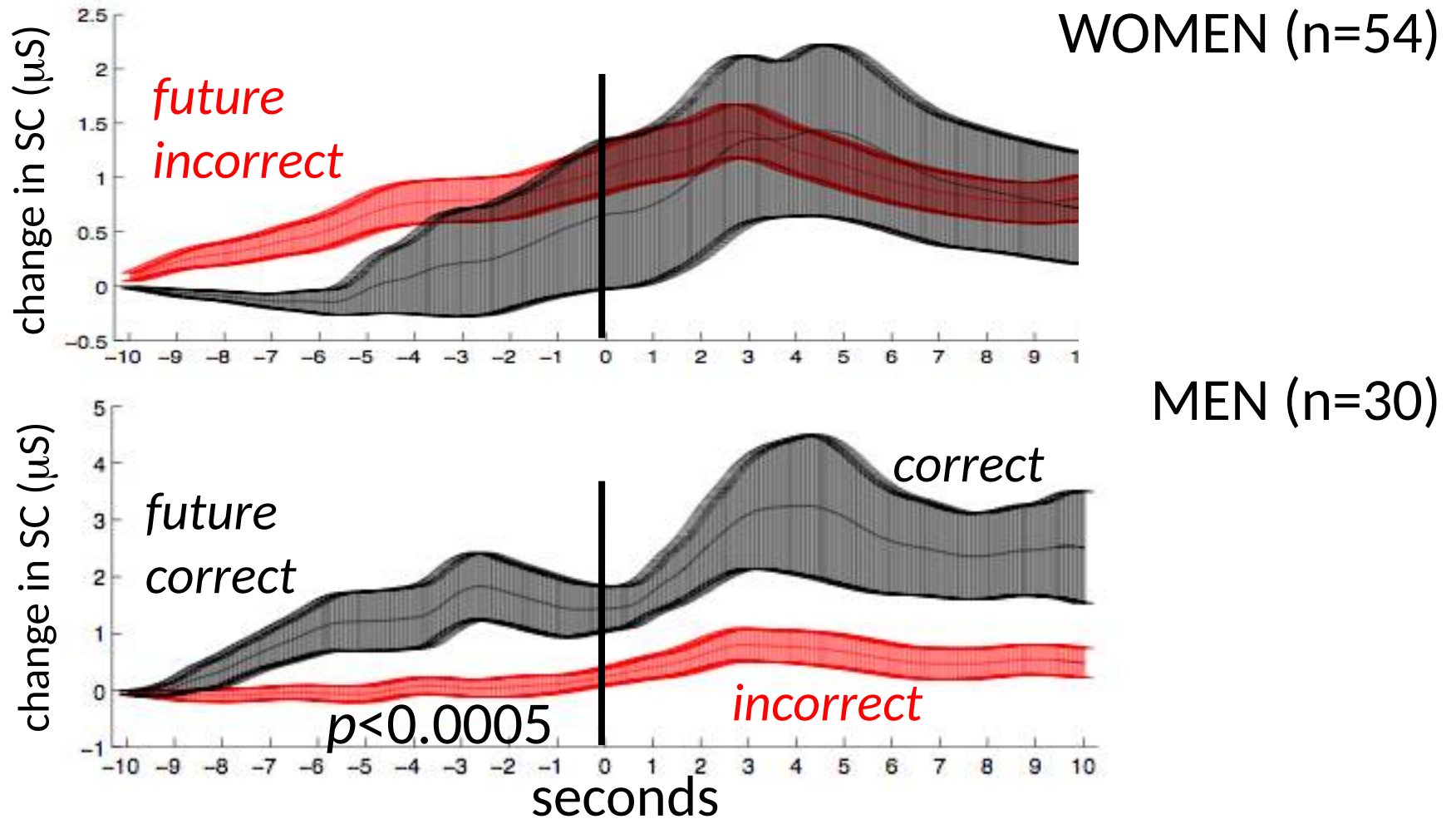




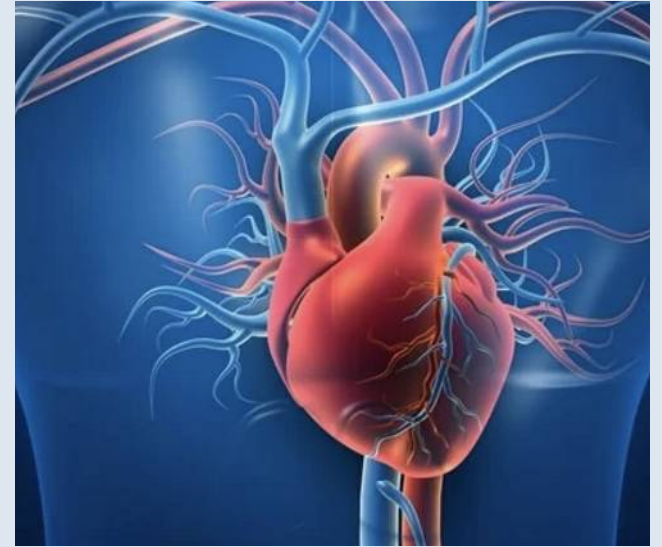
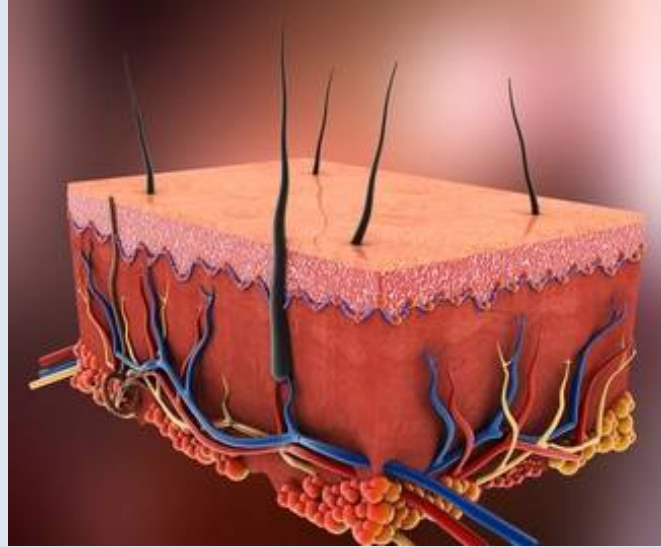
First trials only (no order effects)



gender x correctness interaction ($p < 0.004$)



Human presentiment

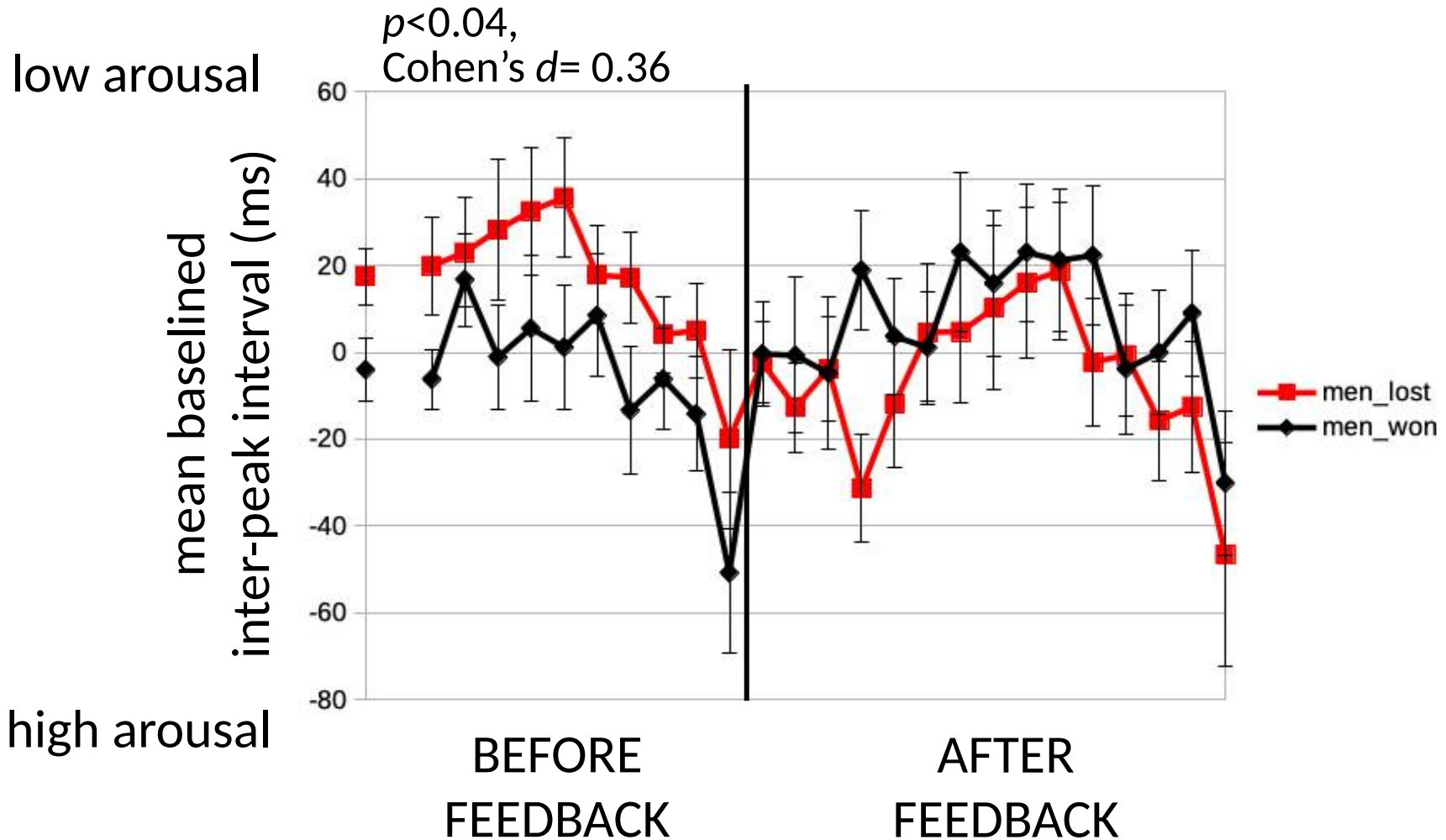


Similar paradigm, with heart beats (pre-registered experiment)

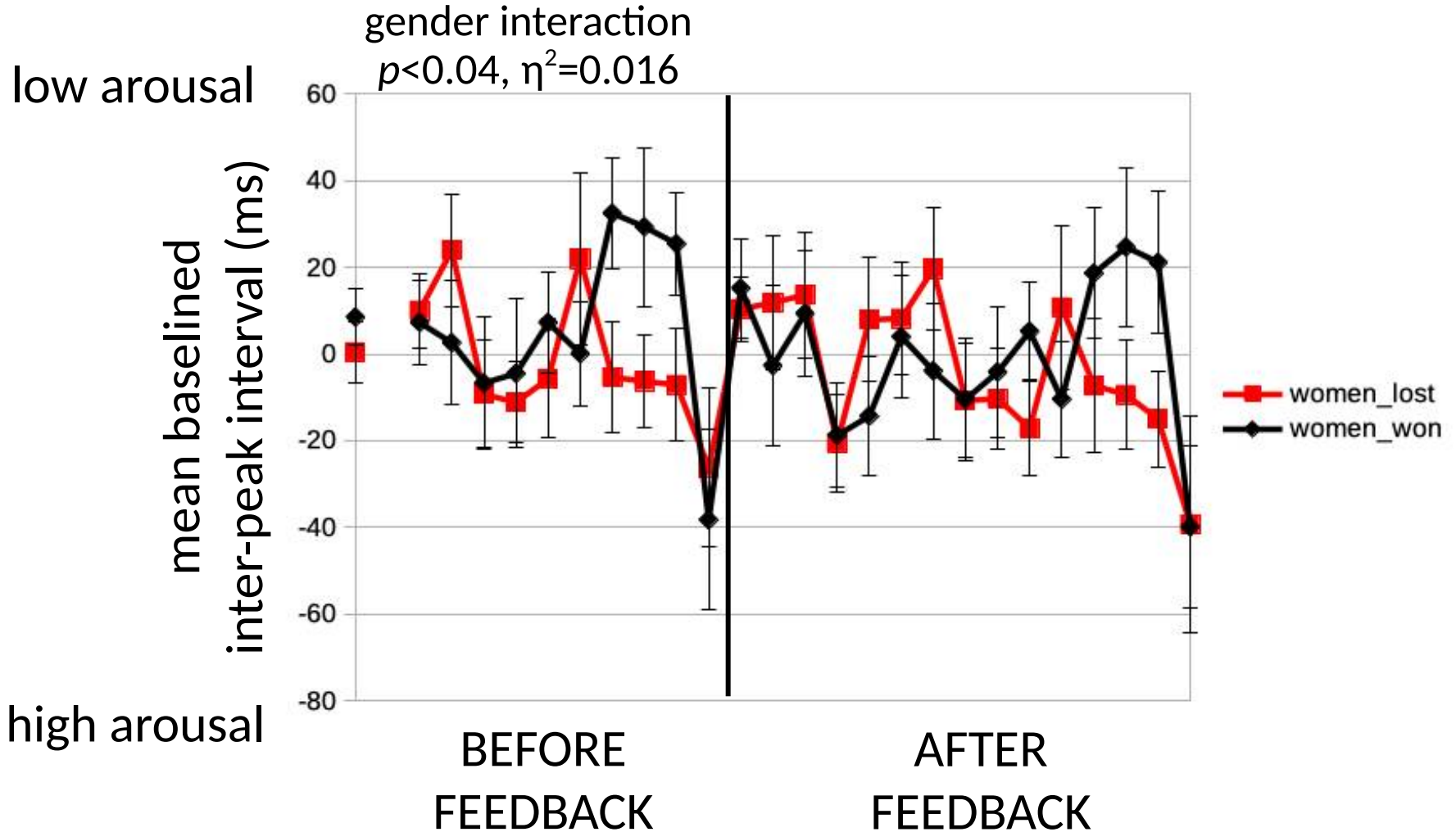


Heart Tracker Research App

\$2 prize, one trial: MEN (N=147)



\$2 prize, one trial: WOMEN (N=145)



Predictive physiological anticipation preceding seemingly unpredictable stimuli: a meta-analysis

Julia Mossbridge^{1*}, Patrizio Tressoldi² and Jessica Utts³



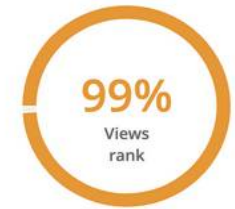
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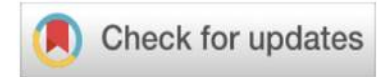
This article has more views than 99% of all **Frontiers** articles.

N=26; 1978-2010; ES=0.21 95% CI=0.13–0.29

Random effects: $z=5.3$, $p<5.7 \times 10^{-8}$

Fixed effect: $z=6.9$, $p<2.7 \times 10^{-12}$

fail-safe: 87 non-significant studies



SYSTEMATIC REVIEW

UPDATE Predictive physiological anticipatory activity preceding seemingly unpredictable stimuli: An update of Mossbridge *et al*'s meta-analysis [version 2; referees: 2 approved]

Previously titled: Predictive physiological anticipation preceding seemingly unpredictable stimuli: An update of Mossbridge *et al*'s meta-analysis

Michael Duggan¹, Patrizio Tressoldi ²

¹Independent researcher, Birmingham, UK

²Dipartimento di Psicologia Generale, Università di Padova, Padova, Italy

N=36; 2008-2018; ES=0.28 95% CI=0.18–0.38
pre-registered ES=0.31 > not pre-registered ES=0.24

Nonhuman PAA/precognition

Type of nonhuman	Author(s)	Year	Effect
dogs	Sheldrake & Smart	2000	behav. precog
earthworms	Willey	2001	presentiment
birds	Alvarez	2010a,b	behav. precog x 2
mice	Dragoi & Tonegawa	2011	“preplay”
REG	Moddel; Moddel	2011; 2013	presentiment like (PL); no effect
planaria	Alvarez	2016	behav. precog
fish	Mothersill et al.	2018	PL (biochemical)
photons	Mossbridge; Mossbridge & Williams	2021a,b	PL (optical) x 2



Behavioral precognition during pregnancy?

2017. Mossbridge & Bem, full study
Yes (trend)

2018. Mossbridge, pilot study
Yes (significant)

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(minutes to months)

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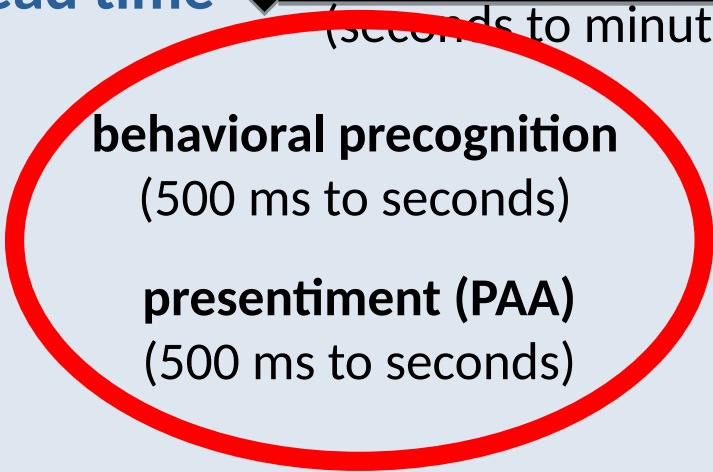
compulsive precognition
(seconds to minutes)

long lead time

behavioral precognition
(500 ms to seconds)

presentiment (PAA)
(500 ms to seconds)

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Summary: Presentiment and behavioral precognition

1. Perhaps a gender-relevant mechanism
2. Nonhumans (including machines and photons) display it
3. Sensing probability and/or future response to feedback

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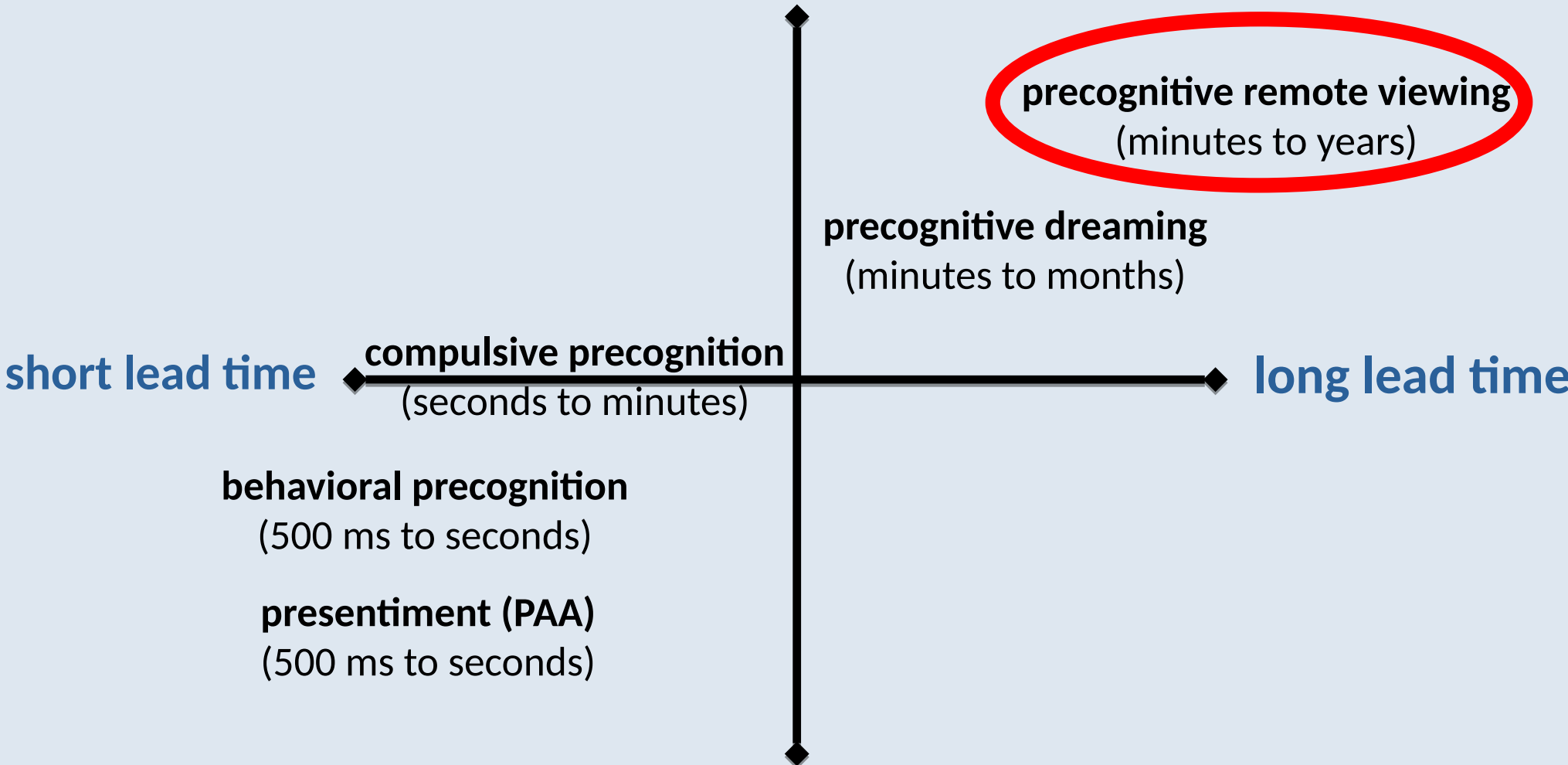
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“Precognition, in which the answer is known to no one until a future time, appears to work quite well.”

– *Jessica Utts*

ASA President 2016

JSE 10(1) 1996, p.3

American Institutes for Research 1995

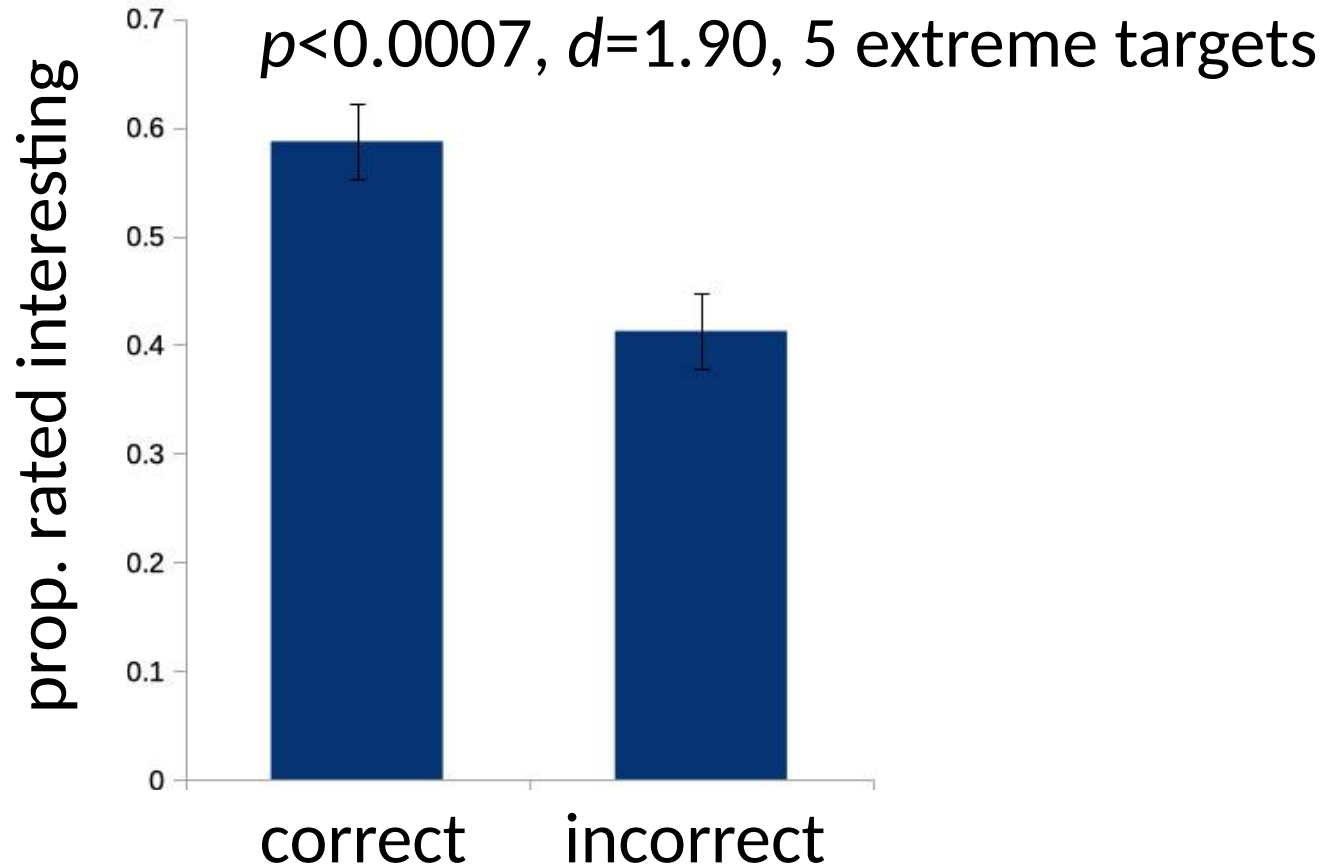
Anecdotal reports from precognitive RV

1. By definition conscious
2. No clear gender difference
3. Feedback may not be necessary
4. Greater accuracy on interesting/meaningful targets
5. Better performance when in a good/expansive mood

Confirmed results from precognitive RV

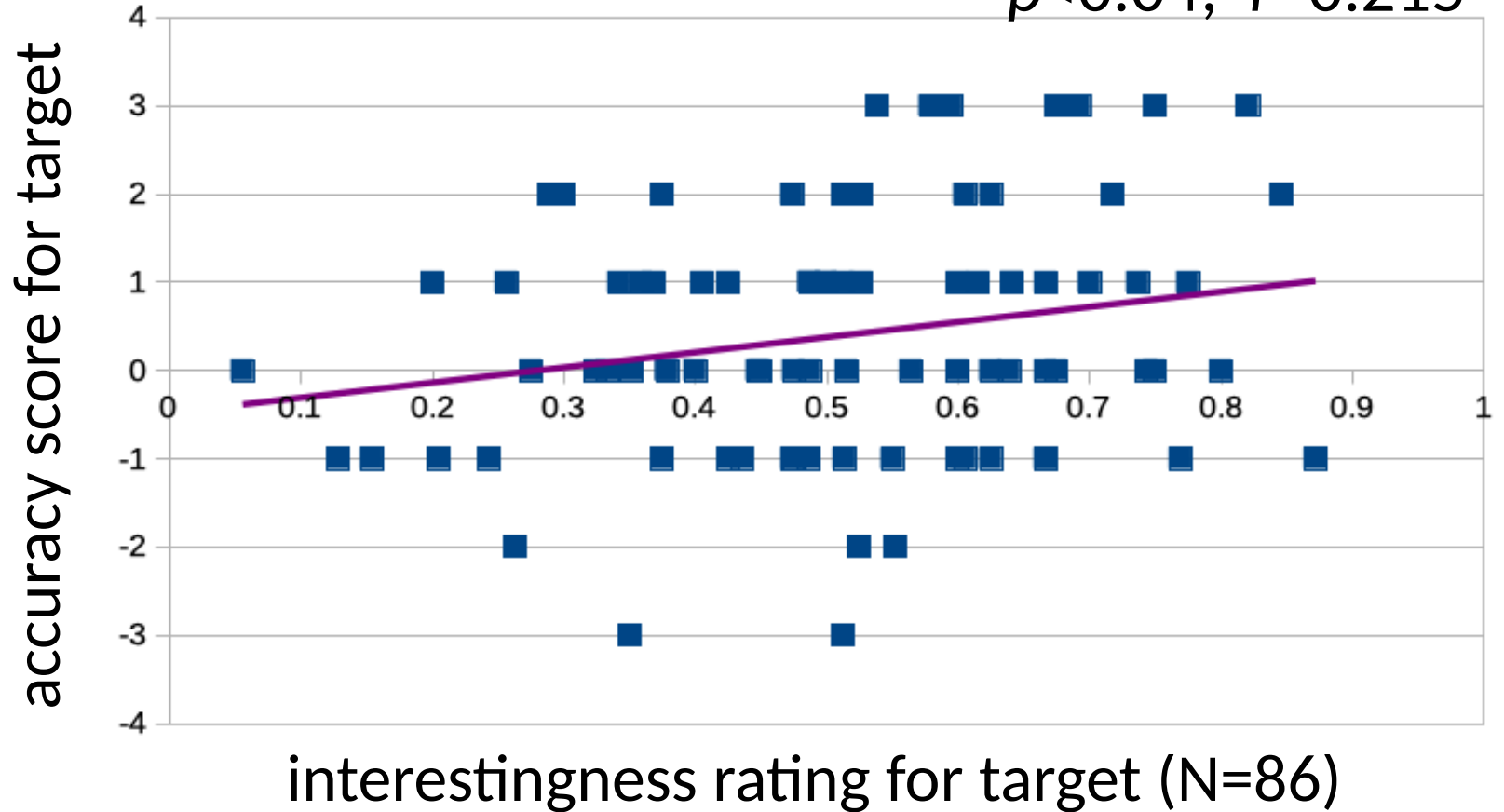
1. By definition conscious ✓
2. No clear gender difference ✓
3. Feedback may not be necessary ✓
4. Greater accuracy on interesting/meaningful targets
→ Mossbridge & Boccuzzi, in prep
5. Better performance when in a good/expansive mood

Interesting future targets seem to draw precognitive attention, study 2 (replication)



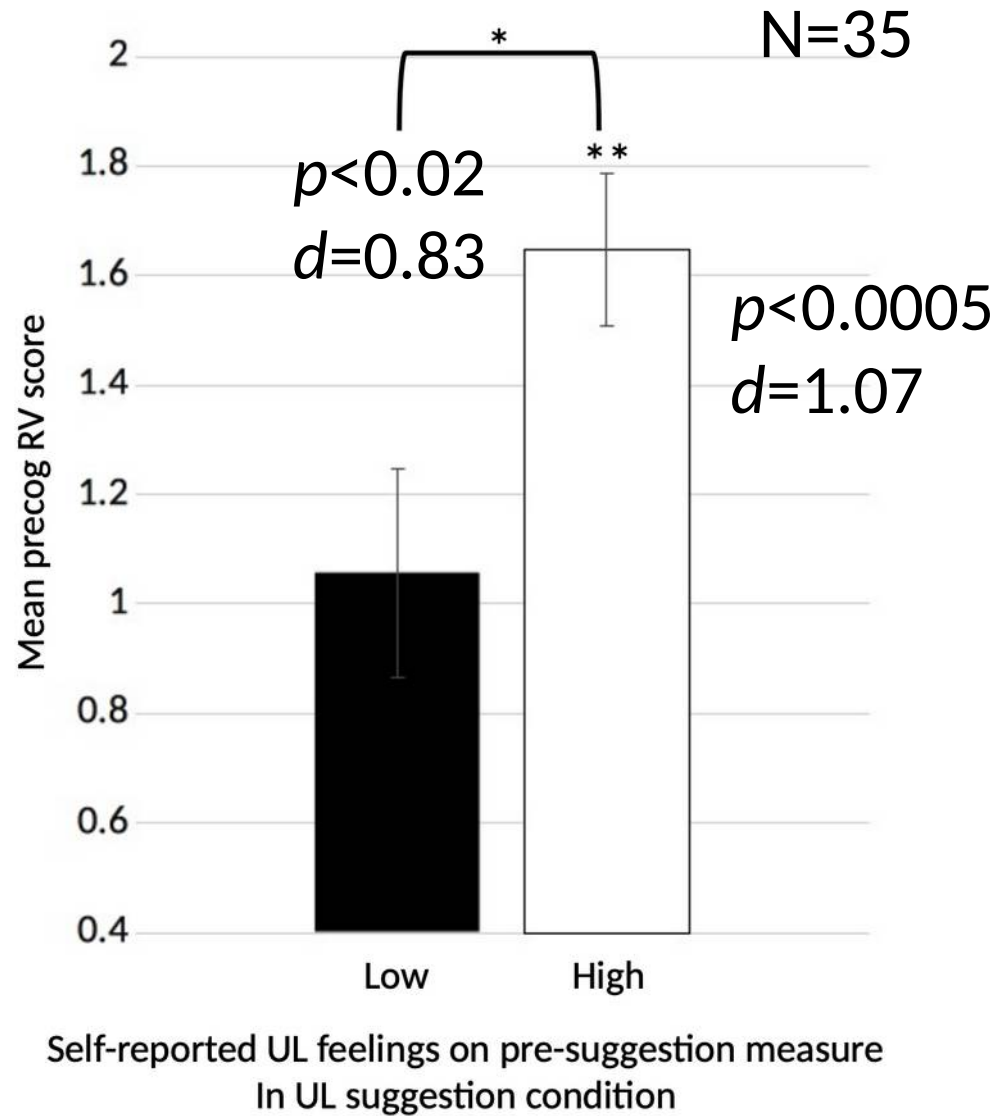
Interesting future targets seem to draw precognitive attention, study 3

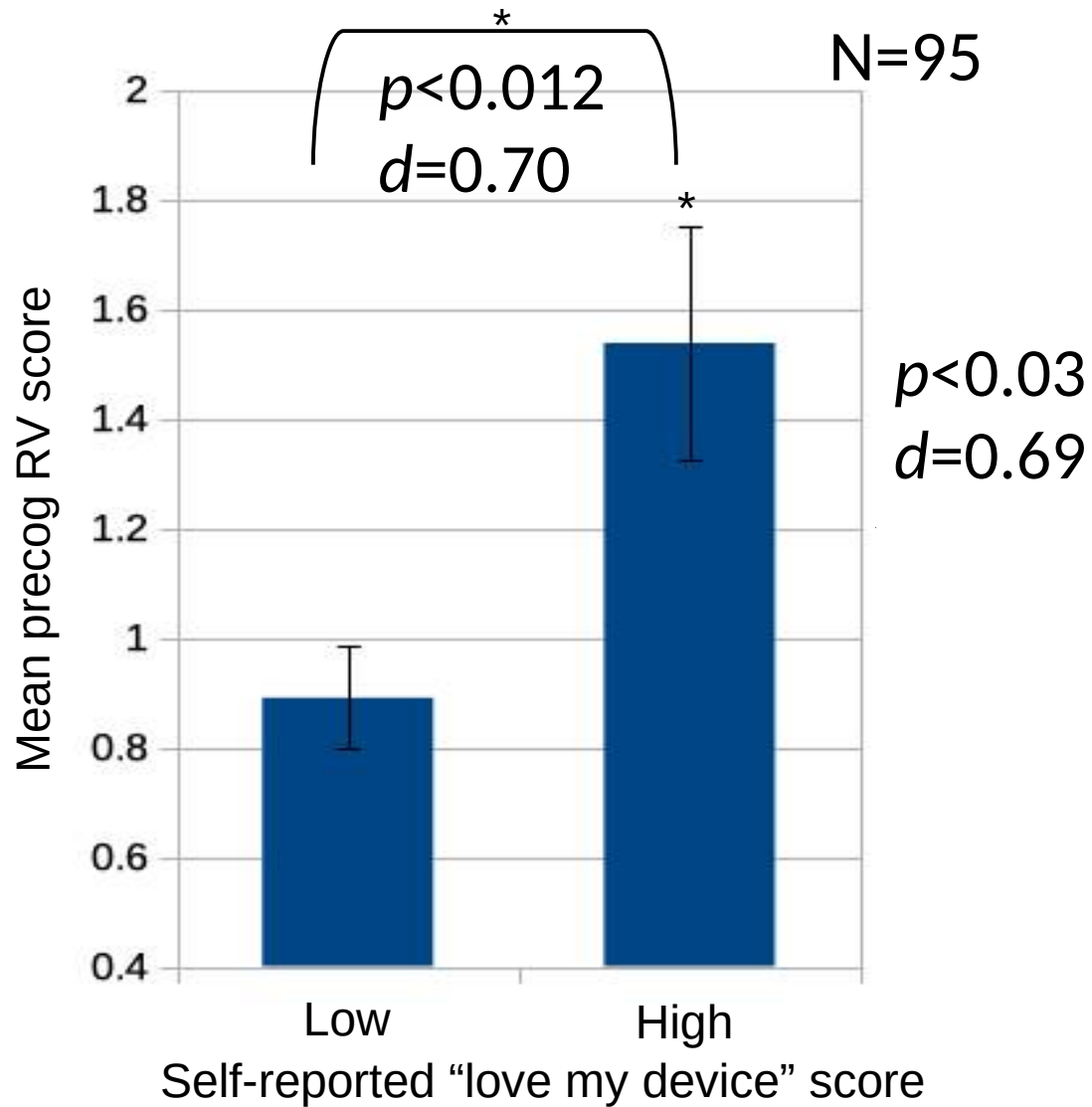
$p < 0.04$, $r = 0.215$



Confirmed results from precognitive RV

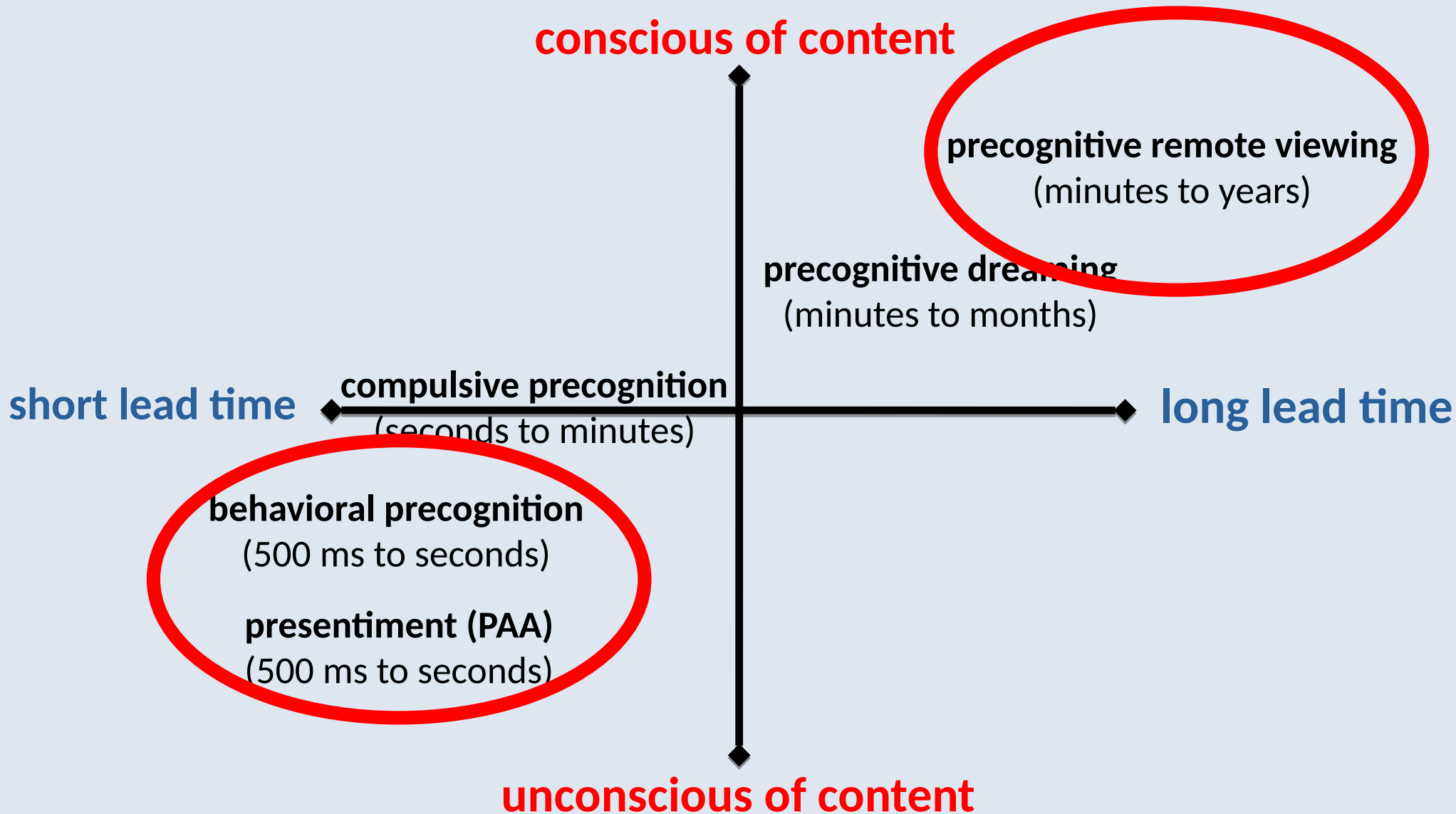
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 - Mossbridge, Nisam & Crabtree 2021
 - Mossbridge & Boccuzzi, in prep





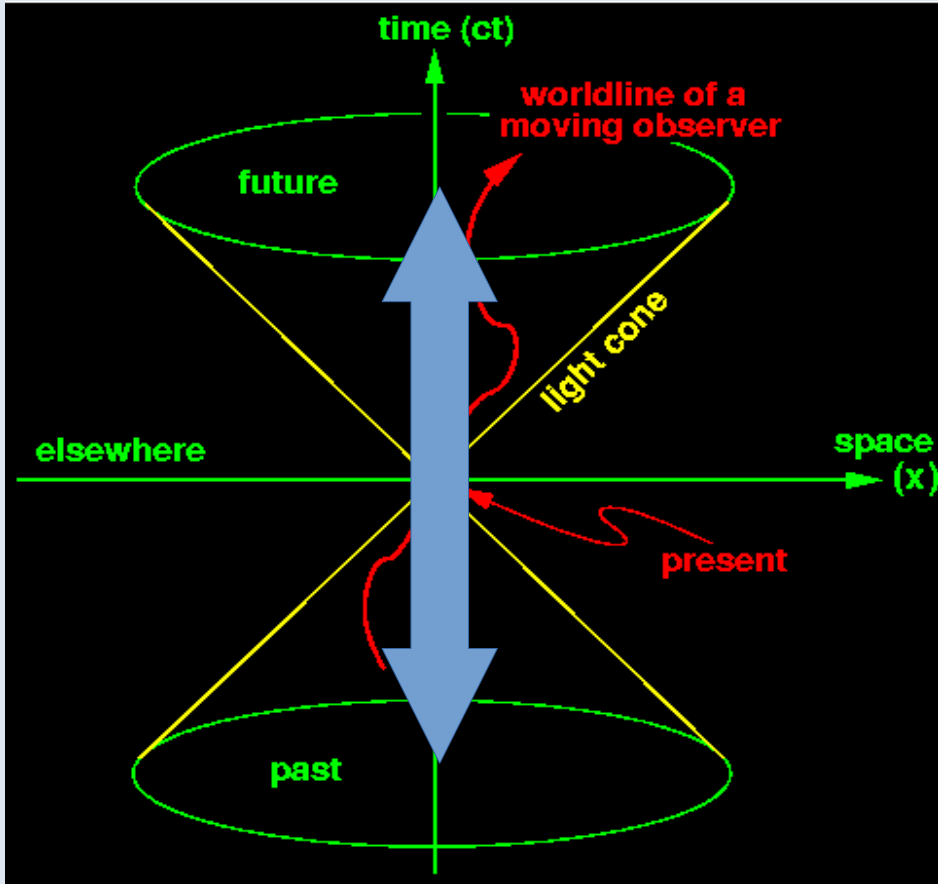
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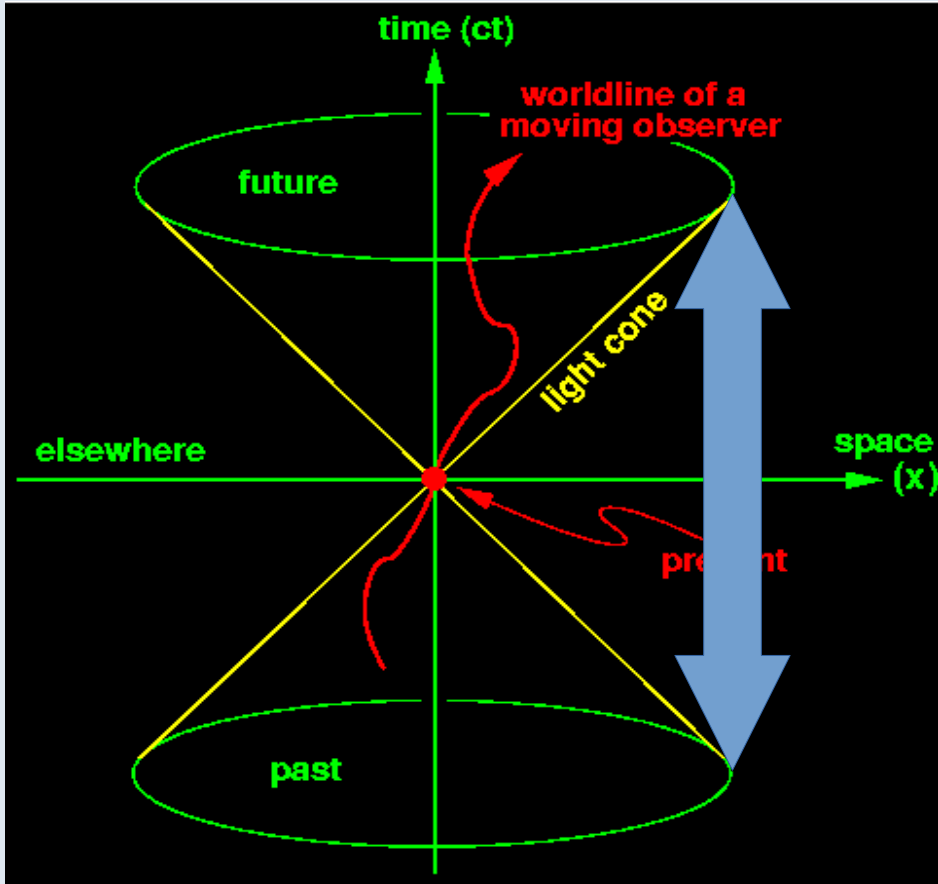
Two mechanisms?

Feature	Presentiment/Behavioral precog?	Precognitive RV?
Conscious?	Mostly NO	YES
Gender difference?	YES	NO
Feedback required?	Mostly YES	Probably NO
Long time frame?	NO	YES
Interesting targets help?	For emotional vs. neutral only	YES
Love helps?	Probably NO	YES



“Time reversal” within the light cone = presentiment, behavioral precognition

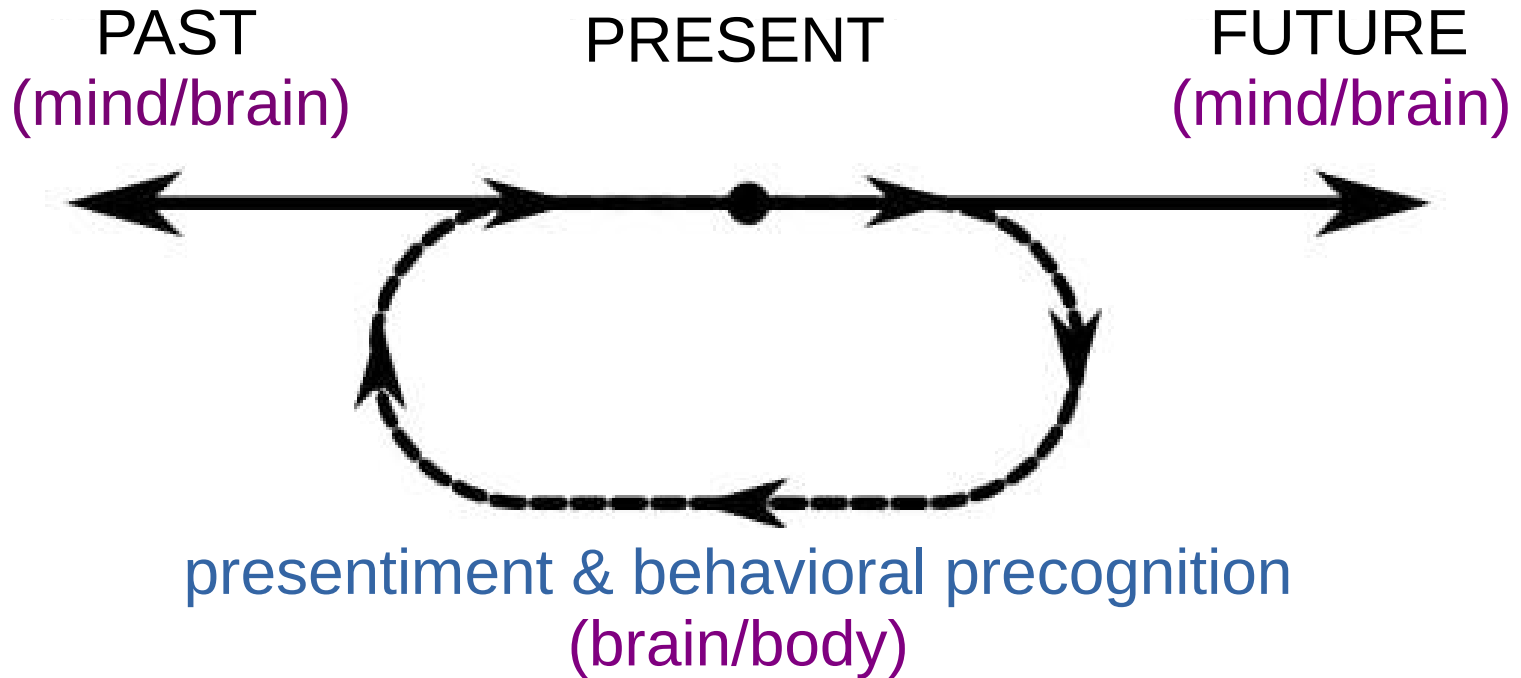
“slogging through spacetime”



Observing with mind outside
light cone

“jumping into/out
of spacetime”

precognitive remote viewing



LinkedIn: **Julia-Mossbridge**

TILT: The Institute for Love and Time

www.LoveAndTime.org (501c3 charity)

Recent Talk at SXSW:

tinyurl.com/PrecogIntelligence

Precog Papers:

tinyurl.com/PrecogPapers2022

THANK YOU!

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PsiQ/3 Hackation volunteers

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IONS Research Team

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Arnaud Delorme, Cameron Boehmer, and Mikey Siegel

Hibbsco Ltd.

Geoff and Leslie Oelsner

The Jim and Christina Grote Hummingbird Foundation